

Aaladda Horey-uga-Baarista Cudurka COVID-19 ee Loogu Talagaly Ka Xaadirk Dugsiga



24kii saac ee la soo dhaafay gudahhood miyay qandho ku qabatay (100.4/38°C iyo wixii ka sarreeya*) ama ma isticmaashay daawo qandhada jabisa?

Haa = (calaaamadda isla-egta)



Ma dareentay jirro leh midkoodna astaamaha badanaa lagu yaqaan COVID-19, oo ma lahayd matagid/shuban, ama ma dareemaysay inaad bukto? (eeg liiska astaamaha COVID-19)

Haa = (calaaamadda isla-egta)



Ma la yeelatay xiriir dhow qof qaba COVID-19 14kii maalmood ee la soo dhaafay?

Haa = (calaaamadda isla-egta)



Miyaad u safartay meel ka baxsan gobolka 14kii maalmood ee la soo dhaafay?

Haa = (calaaamadda isla-egta) La Xiriir Dugsigaaga

Guriga joog haddii aad jawaab HAA ah ka celisay midkoodna su'aalaha kore AMA laba ama in ka badan astaamaha COVID-19 “aan inta badan lagu aqoon” ee isku hoos taxan.

Dugsiga aad markay jawaabahaaga oo dhan yihiin MAYA iyo markuu ilmahaagu iska caafimaad qabo oo uusan lahyn astaamo cudur. Wac ama arag kalkalisada dugsiga ama qof kale oo u magacaaban dugsiga haddii aad wax su'aalo ah qabto.

Astaamaha badanaa lagu yaqaan Covid 19:

Qufac

Neef qabatin

ama neefsashada oo dhib noqota

Qandho (100.4/38 °C ama ka badan)*

Qarqaryo

Cune xanuun

Ka tagid dhadhan ama wax urin oo cusub

Astaamaha kale ee aan inta badan lagu aqoon:

Murqo xanuun
Lalabo ama matagid
Shuban
Daal
Madax xanuun
Sanka oo cabburma ama dareera

*Qandhada oo noqota 100.4°F/ 38°C goobtay doonto ha laga cabbire (afka, dhafoorka).